



MSD Hygiene Guidelines

As Needed, but Always Encouraged

The following guidelines were designed to best protect the health and safety of all students, staff, and community members as we work together to provide quality educational opportunities within our schools. Thank you for following these measures to ensure our entire community can have a successful and enriching school year.

Accountability

Participation in MSD 281 public school activities requires adherence to public health best practices as detailed here and in other documents. Details regarding home screening, physical distancing, face coverings, and surface cleaning are provided in separate documents. This hygiene document addresses:

- Hand washing
- Face coverings if required (As stated in Document 1.2)
- Physical distancing to the best of their ability
- Cough and Sneeze etiquette
- Food / eating
- Surface cleaning
- Water bottle (Optional)
- Supplies (individual, vs. shared)



Hand Washing Requirements

- Ensure the availability of appropriate supplies to support healthy hygiene behaviors (e.g., soap, hand sanitizer, paper towels, disinfectant wipes, and tissues) and strategically place supplies where they may be frequently used.
 - Develop processes to frequently check and refill supplies at the point of use (e.g., hand sanitizer available near shared equipment, near school building entrances, exits, etc.)

- Build routines of hand hygiene into the daily school schedule for all students and staff, including handwashing and sanitation breaks during or between classroom activities. Teach and reinforce handwashing with soap and water for at least 20 seconds and/or the safe use of hand sanitizer that contains at least 60% alcohol by staff and older students.
 - Supervise the use of hand sanitizer by students.
 - Ensure that students and staff with sensitivity or skin reactions to hand sanitizer can use soap and water.
 - Reinforce hand washing/hand sanitizing during key times including, but not limited to: arrival and dismissal, before, during and after preparing or eating food; after using the bathroom; after blowing one's nose, coughing or sneezing; after touching objects with bare hands that have been handled by other people.
- Hand washing, when possible, is the preferred method of hygiene.
- Hand sanitizer must be in a labeled container and must have a non-methanol alcohol content of at least 60%.
- The Moscow School District reserves the right to refuse products that do not meet district guidelines.

- **Face coverings** (see MSD guidelines)
 - Wear your mask as specified in the MSD guidelines

- **Physical Distance**
 - Be mindful of avoiding close contact with others to the extent possible
 - Structure activities to avoid situations for close contact.

- **Cough and Sneeze Etiquette**
 - Cover your cough or sneeze by using a tissue, or the bend in your elbow.
 - If your mask is soiled or wet, get a fresh mask.
 - Wash or sanitize your hands.

- **Food and Eating**
 - Wash hands before and after eating.
 - Maintain allergy awareness.
 - Maintain distance while eating.
 - Do not share your food with others.

- **Surface Cleaning**
 - Buildings are cleaned regularly per MSD operations guidelines.
 - Classroom and workplace cleaning will also occur during the day.
 - Cleaning materials are provided per building operations.
 - See classroom teacher recommendations.
 - Clean and sanitize shared objects between use.

- **Water Bottles Optional**
 - Drinking fountains are available.
 - Drink water and stay hydrated.
 - Refill your bottle at a water bottle station, or designated sink.

- Do not share water bottles.
- **Supplies**
 - Each student should use their own materials.
 - Clean and sanitize shared objects between use.

Recommendations

- Use media, posters, and other tactics to promote health etiquette expectations in highly visible locations.